

Caring for the Caregiver

Information and support for the caregiver of a loved one with cancer



Caring for a loved one who has been diagnosed with cancer is difficult. Finding information and support from someone else can be very helpful. The Touro Supportive Cancer Care Center offers the *Caring for the Caregiver* program to provide you with information and resources. Your one-on-one meeting with Robert Gardner, a former caregiver, is designed to be educational and supportive.

Here is how the *Caring for the Caregiver* program works:

- Call Robert Gardner, Ph.D., Director of the Touro Supportive Cancer Care Center, to schedule a date and time to meet
- The purpose of this meeting is to help you:
 - learn about the caregiver's role
 - get tips for being an effective caregiver
 - receive a list of helpful resources
 - identify ways to cope with being a caregiver
 - get your questions answered

An appointment is required. For more information on *Caring for the Caregiver* or to schedule an appointment, please call Robert Gardner at (504) 897-8209. Free parking is provided.

**Supportive Cancer
Care Center**



Touro Infirmary • 1401 Foucher Street • New Orleans, LA 70115

(504) 897-8678

www.touro.com/cancer