

Supportive Counseling Services

Mental health counseling for individuals, couples and families



A diagnosis of cancer affects every aspect of an individual's life including a person's psychological, emotional, and social well-being. Coping with the psychosocial impact of cancer can be difficult. Now there is help.

The mental health program offered through the Touro Supportive Cancer Care Center provides counseling services to individuals, couples, and families. If you are experiencing psychological or emotional challenges, talking with a licensed counselor can help you better understand what you are going through and learn new ways to cope with cancer.

To schedule an appointment, contact Robert Gardner, Ph.D., Clinical Mental Health Counselor at 504-897-8209. Counseling sessions are conducted over one hour and are offered as a free service to Touro patients and their family members.

No matter if you are newly diagnosed or have completed cancer treatment, supportive counseling can help. Call today to get the support you need. You'll be glad you did.

**Supportive Cancer
Care Center**



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www.touro.com/cancer