

# *Eat Well to Fight Cancer*

*Nutritional information and services for individuals with cancer*



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Proper nutrition is an important part of cancer treatment. Eating the right foods before, during and after treatment can help you feel better and stay stronger. The Touro Supportive Cancer Center offers *Eat Well to Fight Cancer* to assess your nutritional needs and design a dietary program specifically for you.

The *Eat Well to Fight Cancer* program provides you with:

- Individualized care from registered dietitians
- A comprehensive meal plan to achieve treatment and recovery goals
- Encouragement and support thru follow-up

The *Eat Well to Fight Cancer* program is offered to Touro patients and is free of charge. For more information or to schedule a one-on-one nutritional consultation, please contact either Liz Cabrera, RD at (504) 668-3753 or Caroline Burke-Cerise, RD at (504) 560-5146.

**Supportive Cancer  
Care Center**



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