

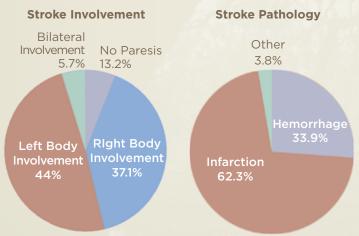
# **STROKE OUTCOMES**

The Stroke Program at Touro Rehabilitation Center specializes in meeting the distinct needs of patients who have experienced a stroke. The Stroke Program prides itself on assisting an increased proportion of patients with the most involved strokes versus the state and nation.\* The program assists patients to regain cognition, communication, mobility, and self-care.

The Stroke Program encourages family participation during rehabilitation. An emphasis is placed on training family members to work with patients to maximize their independence and safety. Patients participate in therapy 5 out of 7 days a week at least 3 hours per day. Patients work with therapists to maximize their independence and achieve their short and long term goals.

## **About Our Patients**

Touro treats a diverse patient population that comes primarily from the Southeast region. In 2015, the Stroke Program treated 159 patients with stroke. Of those patients, 99 had a stroke due to infarction and 70 patients' strokes resulted in left side paresis. Most patients participating in the Stroke Program were between the ages of 45 and 64 (40.3%). Touro Rehab Center treated roughly twice the percentage of younger patients, between the ages of 18 and 44, than the state and nation. 11.9% of Touro's patients discharged with stroke were between 18-44 compared to the State and the Nation at 6.0% and 4.9% respectively.



<sup>\*</sup>Source: UDSMR. UDS-PRO® Systems Edition. 1/1/2015 - 12/31/2015

# Length of Stay

While the state and nation averaged just over 17-18 days per rehab stay for a patient following stroke, patients participating in the Stroke Program at Touro Rehab Center averaged a length of stay over 28 days. An extended length of stay allows our patients more time to adjust emotionally, physically and cognitively following their stroke.

# Effectiveness/Satisfaction: Stroke Program

In 2015, the stroke program prepared 69.8% of its patients for a discharge back to the community. A fraction of the patients seen (12.6%) required additional acute care upon discharge. Patients participating in the Stroke Program in 2015 saw an average FIM Change of 25.2. Functional Independence Measure (FIM) change reflects the degree of improvement observed from rehab admission to discharge. 76.9% of respondents, following CVA, rated the inpatient rehab facility 10 out of 10.

#### **Effectiveness of Stroke Program**

Discharge to Community	69.8%
Discharge to Long Term Care Facility	17.6%
Discharge to Acute Care	12.6%
FIM Change	25.2

1/1/2015 - 12/31/2015

## Contact Us

For more information about the Stroke Program:

- Call (504) 897-8565
- Email strokeprogram@lcmchealth.org
- Visit www.touro.com/rehab

Rehabilitation Center



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<sup>\*</sup>Supported by percentage of patients in comorbidity tier B(1) and C(2) compared to the State and Nation adjusted as well as ranking in the 95th percentile for admission FIM Rating based on CMG adjusted percentile benchmarks.