

# SPINAL CORD INJURY OUTCOMES

The Spinal Cord Injury Program at Touro Rehabilitation Center addresses the unique needs of patients with traumatic and non-traumatic spinal cord injury. This inpatient program focuses on restoring the patient to his or her maximum level of functional independence by using an interdisciplinary team approach and engaging family members and loved ones in the rehabilitation process.

Touro's program is known for quality of care, patient outcomes and is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

## About Our Patients

Touro treats a diverse patient population that comes primarily from the Southeast region. In 2018, Touro's Spinal Cord Injury treated 111 patients 62 with traumatic spinal cord injuries and 49 with non-traumatic spinal cord injuries. The acuity, or case mix index, of the patient population served at Touro is higher than most state and national rehab facilities because of our patients' complex medical needs.

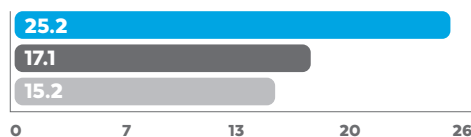
- **Non-Traumatic Spinal Cord Injury (NTSCI):** This includes surgery-related spinal cord injuries or tumors where trauma is not the cause of the injury.
  - Case Mix Index at Touro is 1.53, compared to 1.46 across the state and 1.37 nationally.
  - The average age of patients with non-traumatic injuries patients was 61.3 with the majority (42.9%) between 45 and 64.
  - Of the total number of non-traumatic SCI patients, 57.1% were male and 42.7% were female.

- **Traumatic Spinal Cord Injury (TSCI):** Trauma from falls, gunshot wounds, or vehicle accidents are leading causes.
  - Case Mix Index at Touro is 2.05, compared to 1.87 across the state and 1.8 nationally.
  - The average age of patients with traumatic injuries was 45.6 with 50% falling in the 0-44 age group and 1 adolescent (16-17 years).
  - Of the total number of traumatic SCI patients, 74.2% were male and 25.8% were female.

## Length of Stay

The average length of stay at Touro Rehab Center is higher than the regional and national averages. Patients treated at Touro typically stay longer than patients in other rehabilitation facilities due to the intense and comprehensive nature of their therapeutic treatment and more medically complex conditions.

**COMPARISON OF LOS: NTSCI**



**COMPARISON OF LOS: TSCI**



● Facility Actual Mean    ● State Adjusted Mean    ● Nation Adjusted Mean

\* Source: UDSMR. UDS-PRO® Systems Edition. 1/1/2018 – 12/31/2018

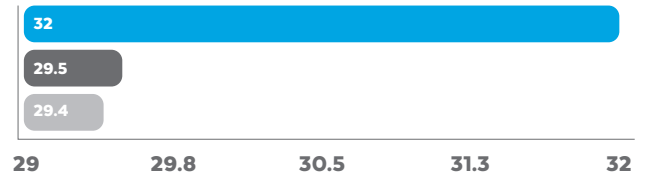
**CONTACT US:** For more information about the Spinal Cord Injury Program [504.897.8684](tel:504.897.8684) [SpinalCordInjuryProgram@LCMCHHealth.org](mailto:SpinalCordInjuryProgram@LCMCHHealth.org)

## FIM Change

Patients with traumatic paraplegia injuries discharging from Touro's SCI program make more progress with their functional independence than the state and nation.

## FIM CHANGE

- Facility Actual Mean
- State Adjusted Mean
- Nation Adjusted Mean



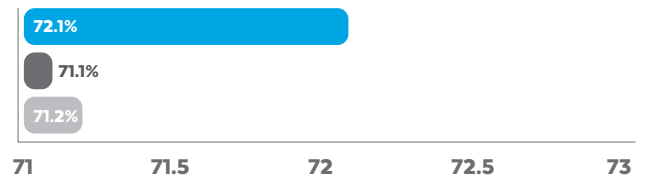
\* Source: UDSMR. UDS-PRO® Systems Edition. 1/1/2018 – 12/31/2018

## Return to Community

Patients with traumatic spinal cord injury discharging from Touro's program are more likely to be discharged home or to another community setting.

## COMPARISON OF % CASES DISCHARGED TO COMMUNITY

- Facility Actual Mean
- State Adjusted Mean
- Nation Adjusted Mean



\* Source: UDSMR. UDS-PRO® Systems Edition. 1/1/2018 – 12/31/2018

## SATISFACTION

\* Source: NRC Catalyst Survey. 1/1/2018 – 12/31/2018

# 87.3%

Touro Rehabilitation Center rated higher than national averages for overall rating of the facility. 87.3% said they would recommend the rehab facility to friends and family.

# 100%

of respondents on the spinal cord injury unit said their therapists and social workers treated them with courtesy and respect.

## Housing

La Maison de HOPE is a temporary non-smoking residential facility for family members of Touro Rehabilitation Center patients who travel from afar to receive services. The house is located at 1322 Aline Street, just steps from the back entrance of the hospital.

The maximum rental period for La Maison de HOPE is one room per family for two consecutive weeks during "peak use" with a maximum occupancy of two adult family members per room. Only one room can be rented per family and the daily rate for the room rental is \$25. Short visits (e.g. one-two nights) are permitted ONLY for family training, admissions or discharges.

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