Anodyne Therapy has helped thousands of people just like you.

“[I] am a 73 year old female. I have suffered from foot and leg pain since the early 90’s. I read about Anodyne Therapy in a newspaper column, and checked the website. I received a doctor’s prescription for the therapy for 10 weeks at a local provider. I took two or three treatments a week. I have been pain free for 30 days and off all of my medications. I am so thankful to be relieved from all the burning stabbing pain.”

- H. Griffin, Lincoln, NE

“Anodyne Therapy has been a life-saver for me.”

- H. McElroy, Joliet, IL

“I heard of Anodyne several years ago. I thought the claims for relief were, if not unfounded, certainly exaggerated. I went to the local physical therapy facility and had 3 treatments a week for four weeks. The relief was dramatic. The Anodyne Machine (Model 120) is a miracle and has made my life easy to live again. I use it every day.”

- J. Goldfield, Slidell, LA

Questions about Anodyne Therapy?

Speak with your local Anodyne Therapy health professional, visit anodynetherapy.com/patients or call Anodyne at 800.521.6664

To read more patient testimonials, visit www.anodynetherapy.com/testimonials

Anodyne Therapy Treatments
What to Expect

- Pain Relief
- Increased Circulation
- Improved Quality of Life

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What is Anodyne Therapy?

As part of your treatment plan, you will be receiving treatment with an extraordinary technology called Anodyne Therapy that has been delivering amazing health benefits for more than 20 years.

Based on discoveries that led to the award of the Nobel Prize in Medicine, Anodyne delivers a unique pattern of a special wavelength of photoenergy (light) that is able to stimulate your body to increase local blood circulation (delivering necessary oxygen and essential nutrients) to provide relief of pain, stiffness and muscle spasm. Documented increases in local capillary circulation normally exceed 5 times the pretreatment levels and the blood flow remains elevated for several hours after each short Anodyne treatment. Repetitive stimulation of oxygen and nutrients has been shown to improve cellular function.

What might I experience during and after treatments?

**Drug-free, safe and effective pain relief.** Anodyne is applied to the surface of your skin with no disturbing side effects. We use Anodyne because we are confident in the patient results based on our own experience, thousands of testimonials and 22 published medical investigations of Anodyne. Studies show that 90% of patients obtain relief from chronic pain and that the average pain reduction is more than 60%.¹

**Increased strength, better balance, and improvement in important daily tasks.** Patients typically receive Anodyne along with manual therapies individually designed for each patient’s health and vitality. Benefits include pain relief, increased strength, better balance and coordination, and improved ability to do what is important in everyday living.

**Progressive reduction in pain.** Some pain relief occurs early on, but the amount of relief normally accelerates as more treatments are received — particularly in patients with chronic, diminished blood flow.

**Patients normally feel soothing warmth.** Some patients are more sensitive to warmth than others and Anodyne treatments can be adjusted to minimize discomfort while still getting the best results.

**A few patients experience tingling, minor pain at first.** This sometimes occurs in patients who have numbness and is generally a good sign that previously impaired circulation is improving and that significant pain relief will soon follow.

**Your skin under the Anodyne Therapy Pads may be pink after treatment.** This is a sign that your circulation increased in response to treatment. Normally, this lasts a few hours, but if it persists longer than that let us or Anodyne know.

Will my symptoms return after treatment stops?

Several studies show ongoing pain relief, better balance and mobility when Anodyne Therapy is used regularly at home by patients with chronic conditions (for instance, diabetes and associated symptoms). It is also important for you to follow the home exercise program that your therapist prescribes.

Discuss Anodyne home therapy options with your therapist or visit anodynetherapy.com/products.