

Cancer rehabilitation is relatively new in the healthcare system. So much focus has always been on removing or decreasing cancer in the body that issues related to characteristics such as endurance, balance, emotional well being, and social participation can be overlooked. The sequela of treatment of the cancer leads to impairments which impacts everyday life during treatment or after treatment has been completed months to years later. These issues can severely limit an individual from leading a healthy and productive life. Therefore, cancer rehabilitation is now becoming an essential piece of cancer care.

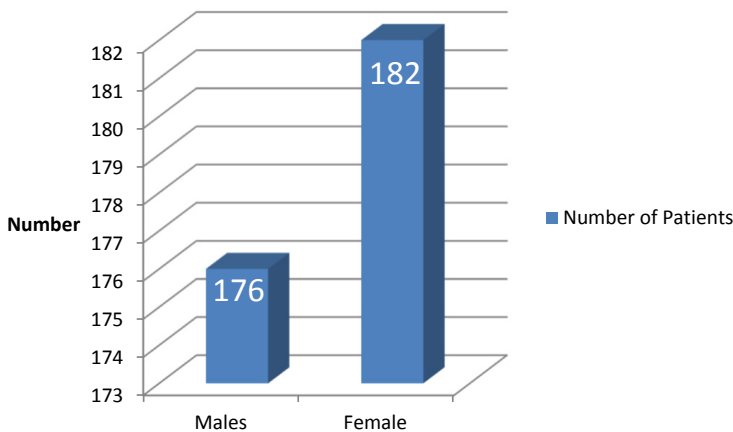
The Cancer Rehab Program offers important physical and psychological rehabilitation to survivors so they can recover more quickly and more completely than they would otherwise. Feeling well and being able to resume normal day-to-day activities is essential to enjoying a good quality of life for survivors and their families.

### About Our Patients\*\*

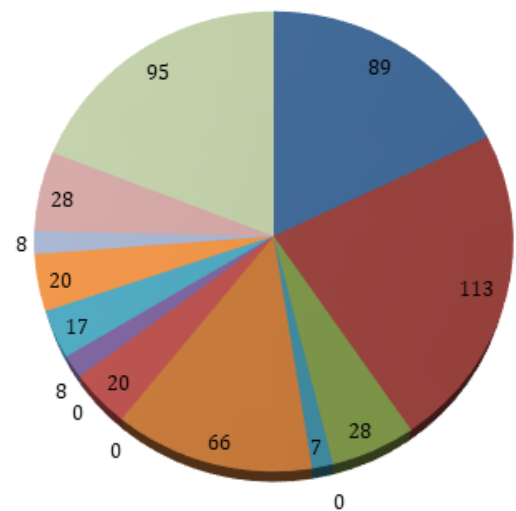
In 2017, the Outpatient Cancer Rehab program treated 286 patients ranging in age from 25- 92. Of those 176 were male and 182 were female. The average age was 61 years old.

Touro receives many types of referrals with Physical Therapy, Pelvic Floor Therapy, and Occupational Therapy receiving the highest number of referrals.

2017 Gender Mix

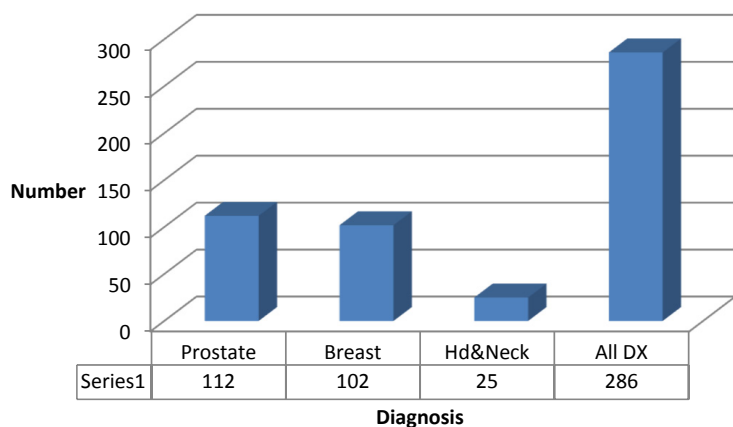


Referral by Type - 2017 YTD



The primary diagnoses treated were Prostate, Breast Cancer, and a type of Head and Neck Cancer

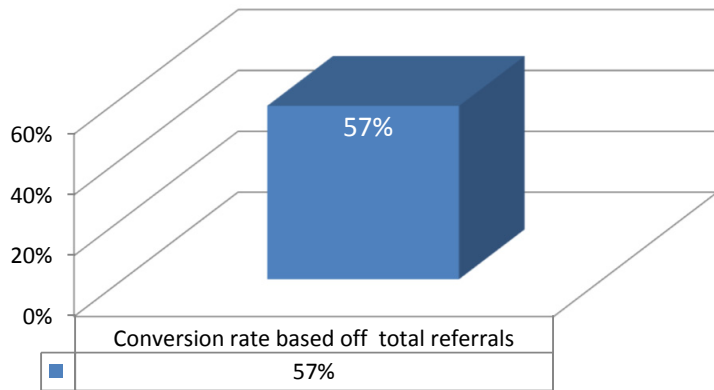
2017 Top 3 Diagnoses



- YTD OT
- YTD PT
- YTD SLP
- YTD Nutrition
- YTD OT Wellness
- YTD Swallow Study
- YTD Counseling
- YTD Prehab Pelvic
- YTD Pelvic
- YTD Lymphedema/Upper Extr OT
- YTD Lymphedema/Upper Extr PT
- YTD Lymphedema/Lower Extr OT

Touro's conversion rate for those referred who started therapy was 57%.

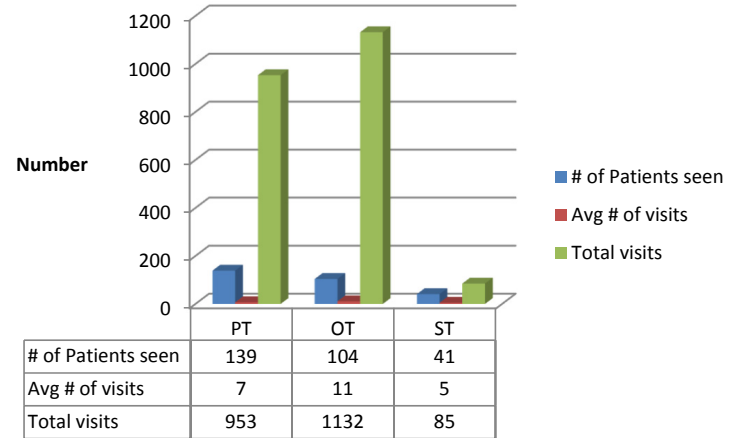
### 2017 Conversion Rate



### Length of Treatment

Patients seen for Physical therapy averaged 7 visits, Occupational Therapy averaged 11 visits, and Speech Therapy averaged 5 visits per referral.

### 2017 Cancer Rehab Visits



Of those served, patients selected 5 (strongly agree) – “I would recommend this rehabilitation program to others.”

Rehabilitation  
Center



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### Contact Us

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Cancer Rehab works in concert with Touro's Cancer Program. The Cancer Rehab staff participate in the Commission on Cancer (COC) Survey process.