



Maternal Fetal Medicine Clinic

AT TOURO INFIRMARY

REFERRALS

The Maternal Fetal Medicine Clinic provides active collaborative services with the Neonatology Division and Pediatric Subspecialty Services at Children's Hospital New Orleans for both mom and baby for speciality services such as:

- Pediatric urology
- Pediatric neurology
- Pediatric cardiology
- Pediatric surgery
- Pediatric genetics

HOURS OF OPERATION AND LOCATION

Monday-Thursday | 8 a.m. - 5 p.m.
Friday | 8 a.m. - Noon

Maternal Fetal Medicine Clinic
Buckman Building, Suite 105
3434 Prytania St. | New Orleans, La
P: 504-897-8213 | F: 504-897-7149
www.touro.com/fbc

Appointment Date: ____ / ____ / ____

Appointment Time: ____: ____ a.m. \ p.m.

Physician: _____

Parking: Parking is available in the Delachaise Parking Garage and the Prytania Parking Garage. Please bring your ticket for validation.

Please preregister for your appointment by calling 504-897-7615 and be sure to arrive 15 minutes early.

Patients who arrive 15 minutes after the scheduled appointment time will be rescheduled.

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WHAT IS MATERNAL FETAL MEDICINE?

The vast majority of women have healthy pregnancies and their babies are born without difficulties. However, women with high-risk pregnancies often need a close watch for potential problems or complications. Some conditions that may warrant maternal and fetal testing include the following:

- Pre-existing maternal diseases (for example, diabetes, kidney disease, heart disease)
- High blood pressure
- Abnormal amniotic fluid amounts
- Abnormal fetal growth
- Multiple pregnancy (twins or more)
- Post-term pregnancy

Fortunately, there are many tests and procedures to monitor the health of both mother and baby. Many of these pose little or no risk and can provide tremendous amounts of information to doctors, midwives and expectant parents.

At the Maternal Fetal Clinic at Touro Infirmary, we offer a perinatology clinic with specially trained and certified physicians and staff to treat patients with high-risk pregnancies.

OUR DOCTORS

Our physician services are provided by LSU Health physicians on staff at Touro at Maternal Fetal Medicine physicians.

Ann Chau, M.D. | Maternal Fetal Medicine

Asha J. Heard, M.D. | Maternal Fetal Medicine

Robert T. Maupin, M.D. | Maternal Fetal Medicine

Joseph M. Miller, M.D. | Maternal Fetal Medicine

We also have two full-time certified Ultrasound Technologists and provide full nursing support for clinical care coordination.

TESTS AND PROCEDURES



The Maternal Fetal Medicine Clinic at Touro provides the following tests and procedures for expecting mothers using state-of-the-art technologies and specialist nursing staff:

Nonstress Testing (NST): measures the fetal heart rate in response to the fetus's movements. Generally, the heart rate of a healthy fetus increases when the fetus moves. The NST is usually performed in the last trimester of pregnancy.

Biophysical Profile (BPP): assesses fetal breathing movements, fetal movements, fetal tone and amniotic fluid volume, in combination with the nonstress test.

Amniocentesis: a procedure used to obtain a small sample of the amniotic fluid that surrounds the fetus to diagnose chromosomal disorders and open neural tube defects (ONTDs) such as spina bifida.

Percutaneous Umbilical Blood Sampling (PUBS): a procedure used to diagnose, treat or monitor fetal problems by withdrawing a small sample of the fetal blood from the umbilical cord.

Chorionic Villus Sampling (CVS): a test offered to women who are at increased risk for chromosomal abnormalities or have a family history of a genetic defect that is testable from the placental tissue. CVS is usually performed between the 10th and 12th weeks of pregnancy.

Maternal/Paternal Genetic Testing: a professional assessment of a person's or couple's risk factors regarding their family history, medical history, and/or pregnancy history. The goal of genetic counseling is not only to assess risk, but also to explain the cause and inheritance of a disorder, the availability of testing, the prognosis, medical management, and treatment.

Anatomical and Diagnostic Ultrasound Imaging: a diagnostic technique which uses high-frequency sound waves to create an image of the internal organs. A screening ultrasound is sometimes done during the course of a pregnancy to monitor normal fetal growth and verify the due date.

Consultations for pre conception/genetic assessment and evaluation, and management of medically high risk pregnancies (diabetes, hypertension, infectious diseases, renal or cardiovascular disorders).