

Touro's STAR (Survivorship Training and Rehab) Program® program is certified by Oncology Rehab Partners, LLC,. The STAR Program is a nationally recognized cancer rehabilitation certification that focuses on improving the lives of survivors who suffer from side-effects caused by treatments. Research shows that the majority of cancer survivors (studies suggest 65-90%) develop physical impairments due to treatment-related sequelae, and that many, if not most, are not offered evidence-based cancer rehabilitation care that is typically covered by third party payors (including Medicare). A key component of comprehensive survivorship services is multidisciplinary cancer rehabilitation care that can help survivors improve their ability to function and quality of life. Regardless of the stage of cancer or phase of treatment or recovery, survivors can benefit from participation in an evidence-based rehabilitation program.

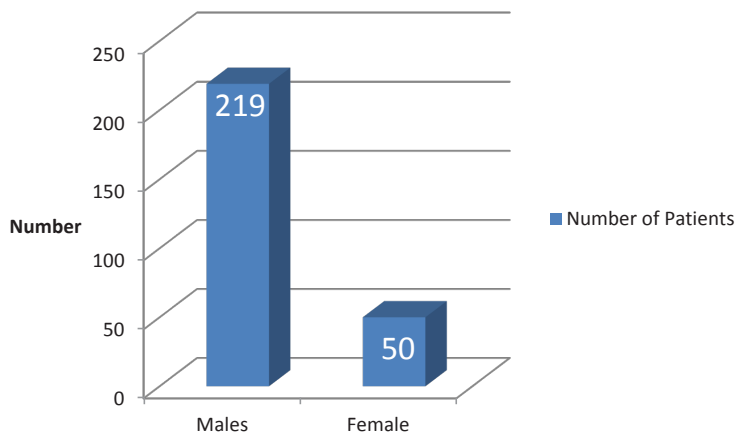
The STAR Program offers important physical and psychological rehabilitation to survivors so they can recover more quickly and more completely than they would otherwise. Feeling well and being able to resume normal day-to-day activities is essential to enjoying a good quality of life for survivors and their families.

### About Our Patients\*\*

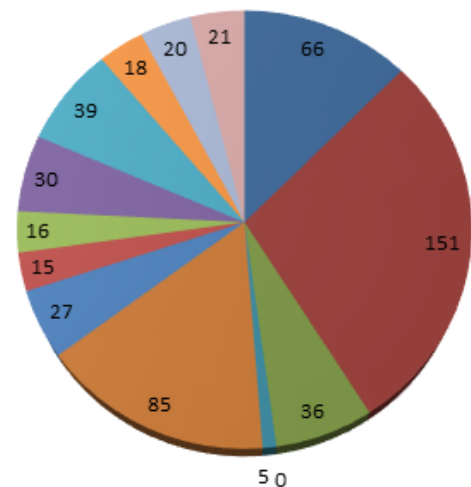
Touro treats a diverse population that comes primarily from the Southeast t region. In 2016, the Outpatient STAR program treated 269 patients ranging in age from 23 -90. Of those were 219 female and 50 were male. The average age was 60 years old.

Touro receives many types of referrals with Physical Therapy, Lymphedema Therapy, and Occupational Therapy receiving the highest number of referrals.

2016 Gender Mix

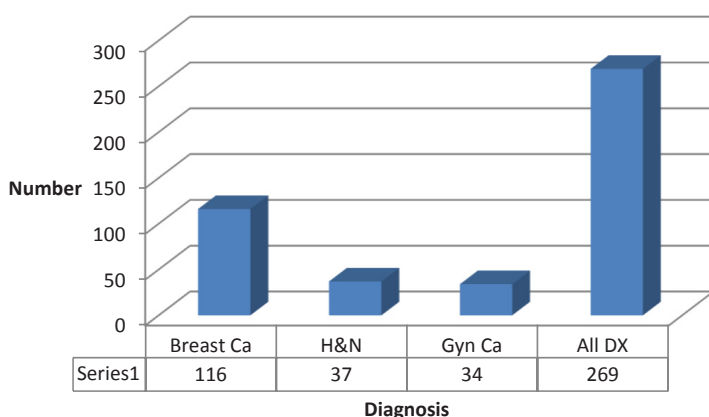


Referral by Type - 2016 YTD



The primary diagnoses treated were Breast Cancer, a type of Head and Neck cancer, and a type of Gynecological Cancer.

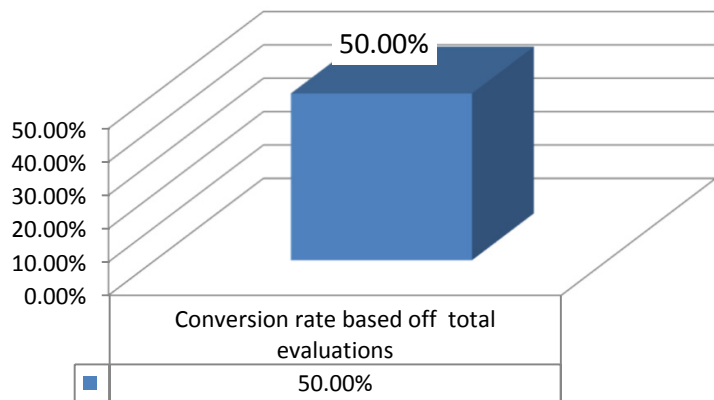
2016 Top 3 Diagnoses



- YTD OT
- YTD PT
- YTD SLP
- YTD Physiatrist
- YTD Lymphedema/Hd & Neck
- YTD Lymphedema/Upper Extr OT
- YTD Lymphedema/Upper Extr PT
- YTD Lymphedema/Lower Extr OT
- YTD Lymphedema/Lower Extr PT
- YTD Nutrition
- YTD OT Wellness
- YTD Swallow Study
- YTD Counseling
- YTD Pelvic

Touro's conversion for those referred who started therapy was 50%.

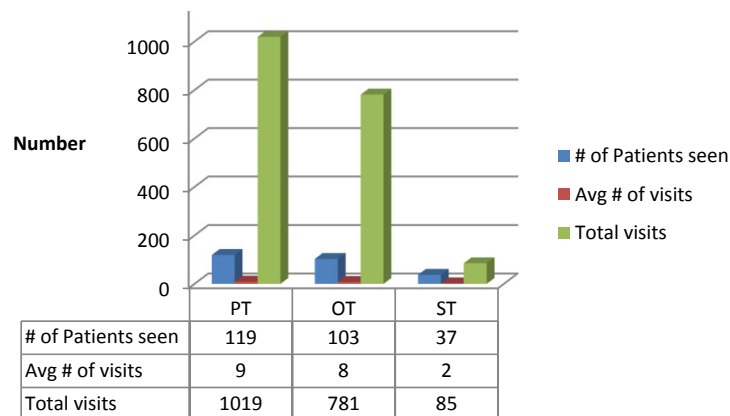
### 2016 Conversion Rate



### Length of Treatment

Patients seen for Physical therapy averaged 9 visits, Occupational Therapy averaged 8 visits, and Speech Therapy averaged 2 visits per referral. Oncology Rehab Partners suggests between 8 - 12 visits per patient.

### 2016 STAR Visits - PT OT ST



Of those served, patients selected 5 (strongly agree) - "I would recommend this rehabilitation program to others."

Rehabilitation  
Center



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### Contact Us

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The STAR Program works in concert with Touro's Cancer Program; STAR Program staff participates in the Commission on Cancer ("COC") Survey process