

Stroke Specialty Program

Patient Education and Nutrition Class

2019 Schedule

Stroke Nutrition Class is held in the M4 dining room from 12:15-1:00 every first and third Tuesday of the month.

January 8th & 22nd	February 5th & 19th	March 12th & 19th
April 2nd & 16th	May 7th & 21st	June 4th & 18th
July 2nd & 16th	August 6th & 20th	September 3rd & 17th
October 1st & 15th	November 5th & 19th	December 3rd & 17th

Patient Stroke Education Day is held every third Monday of the month from 3:00-3:45 in the M6 dining room.

January 21st	February 18th	March 18th
April 15th	May 20th	June 17th
July 15th	August 19th	September 16th
October 21st	November 18th	December 16th

Dates are subject to change. Please contact StrokeProgram@lcmhealth.org or (504) 897 – 8135 if you would like to participate, have questions, or to confirm dates.