

Word of the Month

Dignity

Definition: (noun) : formal reserve or seriousness of manner, appearance, or language

Synonyms: Class, fashion, quality, rank, standing, state

Usage: A man of dignity and unbending principle.

From Merriam-Webster.com

Jokes

Simon and Martha, both residents of the retirement community, are strolling around downtown, planning their wedding. As they pass a drugstore, Simon decides they should speak with the owner.

“Excuse me, are you the owner?”

The pharmacist answers, “Yes, how may I help you?”

“Do you sell heart medication?” asks Simon.

“Yes, certainly,” was the reply.

“What about medicine for poor circulation?”

The pharmacist answers in the affirmative.

On and on Simon and Martha ask the owner of the drugstore about all the many types of medications they require, and Simon even asks if the store sells Viagra, which causes Martha to blush. In every instance, the pharmacy owner answers that he can supply all their pharmaceutical needs.

Finally, Simon seems satisfied, and turns to Martha with this comment, “My dear, I believe we have *finally* found the perfect place to register for our wedding gifts.”

Fun Facts of the Month

Traveling can improve problem solving skills and boost creativity. New sounds, smells, tastes, languages, and sights create new synapses in the brain and promote neuroplasticity.

Spring break in the United States dramatically increased in popularity with the release of the book and 1960 movie titled *Where the Boys Are*. An English professor who tagged along with college students during spring break wrote the novel.

Provided by FactRetriever.com

Happy Birthday April Residents

Kitty Abrams 4/16

Margot Pleasants 4/29



Concierge Service/Transportation

Monday—Doctor Appointments on the **Westbank**, concierge service for **Westbank** 9:30am –2:00pm

Tuesday— Doctor Appointments on the **Eastbank**, concierge service for **Eastbank** leaving at 9:30am

Wednesday—No Doctor Appointments, concierge service for **Westbank** leaving at 9:30am unless otherwise noted.

Sunday— St. Andrews Church service leaving 9:00am. Must be signed up by Friday 3pm or there will be no driver.

The Villas Speak

April 2019

Volume 5, Issue 4

SIGHTS AND SOUNDS OF THE VILLAS

Events in the Villas:

Fridays at 10:00: Tai-Chi with Jeffrey

04/01 at 1:15pm: Daniel Yehuda with the Jewish Federation performs Israeli music

04/10 at 1:30pm: Mike Kobrin and the Guys perform as a jazzy quartet

04/11 at 1:00pm: Shannon from the Algiers regional branch of the public library helps with your technology needs, by appointment only.

04/15 at 2:00pm: Terry Werline entertains on the keyboard

04/18 at 1:30pm: Bert Sylvest entertains on the keyboard

04/19 at 1:30pm: What to Know

about Genetic Cancer Screening, with Russell from MedVantage Consulting

04/24 at 12:00pm: Free Birthday Lunch, free to residents, no take-outs.

04/25 at 1:30pm: Resident Council

04/30 at 12:00pm: Lunch and Learn: What is Music Therapy? Free to residents, no take-outs. Sign up by 04/29 to ensure you will get lunch.

Outings:

04/03 at 11:00am: Applebee’s for Lunch

04/17 at 11:00am: El Paso Mexican Grill for Lunch

04/23 at 3:00pm: Algiers Point bus tour with Vikki and Laura

Phone Numbers

♦ Rachel Palmer 504-210-1503
Rachel.Palmer@LCMHealth.org

♦ Janice Glaeser 504-210-8868

♦ Laura Hacke 504-210-8869
Laura.Hacke@LCMHealth.org

♦ Security 504-210-4901

Always leave a message so someone can get back with you.

Rabies Vaccination Drive

April 14th, 1:00-5:00pm

For \$15 in cash you can get the rabies vaccination for your pet (required by law).

Nearest location is the Engine 17 at 4115 Woodland Dr.

**Woldenberg Village
A Touro Retirement
Community**

APRIL

- ♦ April begins on the same day of the week as July every year, and as January in leap years.
- ♦ April's flowers are the daisy and sweet pea.
- ♦ April's birthstone is the diamond.
- ♦ The zodiac signs for April are Aires and Taurus
- ♦ April in the Northern Hemisphere is the seasonal equivalent to October in the Southern Hemisphere and vice versa.



8:30-10:00 Monday-Friday Snack Breakfast

12:00 Monday-Friday Lunch \$6.00

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1. <i>Concierge Service 9am-2</i> 8:30 Snack Breakfast 12:00 Lunch \$6.00 12:30 Mahjong 1:15 Music with Daniel Yehuda 2:00 Ice Cream/Reception 3:00 Exercise Transportation Doctors Westbank</p>	<p>2. <i>Concierge Service 9:30 Eastbank</i> 8:30 Snack Breakfast 11:00 Communion in library 1:30 10 cent Bingo 3:00 Exercise 4:00 Bridge Transportation for Doctors Eastbank</p>	<p>3. <i>Concierge Service 9:30am</i> 8:30 Snack Breakfast 9:30 Errands 11:00 Applebee's for Lunch 12:00 Lunch \$6.00 1:30 Canasta 3:00 Exercise</p>	<p>4. 8:30 Snack Breakfast 12:00 Lunch \$6.00 1:30 Easter Egg String Craft 3:00 Exercise Transportation available for Doctors</p>	<p>5. 8:30 Snack Breakfast 10:00 Tai Chi w/Jeffery 12:00 Lunch \$6.00 1:30 Free Bingo 3:00 Exercise</p>	<p>6. 10:00 Shabbat Services 1:00 Fantan cards 5:00 Cocktail Party</p>
<p>7. 9:00 Ride to St. Andrews Church 2:00 Afternoon Social 2:45 Movie</p>	<p>8. <i>Concierge Service 9am-2</i> 8:30 Snack Breakfast 12:00 Lunch \$6.00 12:30 Mahjong 1:00 Pokeno 2:00 Ice Cream 3:00 Exercise Transportation Doctors Westbank</p>	<p>9. <i>Concierge Service 9:30 Eastbank</i> 8:30 Snack Breakfast 9:00 Podiatrist 11:00 Communion in library 1:30 10 cent Bingo 3:00 Exercise 4:00 Bridge Transportation for Doctors Eastbank Pest Control</p>	<p>10. <i>Concierge Service 9:30am</i> 8:30 Snack Breakfast 9:30 Errands 10:30 Mass Az 1:30 Canasta 1:30 Mike Kobrin and the Guys 3:00 Exercise</p>	<p>11. 8:30 Snack Breakfast 12:00 Lunch \$6.00 1:30 Technology Help one on one with Shannon, sign-up only 3:00 Exercise Transportation available for Doctors</p>	<p>12. 8:30 Snack Breakfast 10:00 Tai Chi w/Jeffery 12:00 BBQ Lunch, Free to Residents, no take-outs 1:30 Free Bingo 3:00 Exercise</p>	<p>13. 10:00 Shabbat Services 1:00 Fantan cards 5:00 Cocktail Party</p>
<p>14. 9:00 Ride to St. Andrews Church 2:00 Afternoon Social 2:45 Movie</p>	<p>15. <i>Concierge Service 9am-2</i> 8:30 Snack Breakfast 12:00 Lunch \$6.00 12:30 Mahjong 1:00 Pokeno 2:00 Terry Werline Entertains 2:00 Ice Cream 3:00 Exercise</p>	<p>16. <i>Concierge Service 9:30 Eastbank</i> 8:30 Snack Breakfast 11:00 Communion in library 12:00 Lunch \$6 1:30 10 cent Bingo 3:00 Exercise 4:00 Bridge Transportation for Doctors Eastbank</p>	<p>17. <i>Concierge Service 9:30am</i> 8:30 Snack Breakfast 9:30 Errands 10:30 Mass Az 11:00 El Paso Mexican Grill for Lunch 12:00 Lunch \$6.00 1:30 Canasta 3:00 Exercise</p>	<p>18. 10:30 Laura will Program Woldenberg Phone Numbers into your phone for you. By appointment only 12:00 Lunch \$6.00 1:30 Bert Sylvest Entertains 3:00 Exercise</p>	<p>19. Passover begins at sunset 8:30 Snack Breakfast 10:00 Tai Chi w/Jeffery 12:00 Lunch \$6 1:30 What to Know about Genetic Cancer Screening 3:00 Exercise</p>	<p>20. 10:00 Shabbat Services 1:00 Fantan cards 5:00 Cocktail Party</p>
<p>21. Easter Sunday 9:00 Ride to St. Andrews Church 2:00 Afternoon Social 2:45 Movie</p>	<p>22. <i>Concierge Service 9am-2</i> 8:30 Snack Breakfast 12:00 Lunch \$6.00 12:30 Mahjong 1:00 Pokeno 2:00 Ice Cream 3:00 Exercise Transportation Doctors Westbank</p>	<p>23. <i>Concierge Service 9:30 Eastbank</i> 8:30 Snack Breakfast 11:00 Communion in library 12:00 Lunch \$6 1:30 10 cent Bingo 3:00 Algiers Point bus tour with Vikki and Laura 4:00 Bridge Transportation for Doctors Eastbank</p>	<p>24. <i>Concierge Service 9:30am</i> 9:30 Errands 10:00 Hair Stylist 10:30 Mass Az 12:00 Free Birthday Lunch, free to residents no take outs 1:30 Canasta 3:00 Exercise</p>	<p>25. 8:30 Snack Breakfast 10:30 Laura will Program Woldenberg Phone Numbers into your phone for you. By appointment only 12:00 Lunch \$6.00 1:30 Resident Council 3:00 Exercise</p>	<p>26. Arbor day 8:30 Snack Breakfast 10:00 Tai Chi w/Jeffery 12:00 Lunch \$6.00 1:30 Free Bingo 3:00 Wine and Cheese</p>	<p>27. 10:00 Shabbat Services 1:00 Fantan cards 5:00 Cocktail Party</p>
<p>28. 9:00 Ride to St. Andrews Church 2:00 Afternoon Social 2:45 Movie</p>	<p>29. <i>Concierge Service 9am-2</i> 8:30 Snack Breakfast 12:00 Lunch \$6.00 12:30 Mahjong 1:00 Pokeno 2:00 Ice Cream 3:00 Exercise Deadline to sign up for lunch and learn Transportation Doctors Westbank</p>	<p>30. <i>Concierge Service 9:30 Eastbank</i> 11:00 Communion in library 12:00 Lunch and Learn: What is Music Therapy? Free to Residents, no take outs, sign up by 03/29 1:30 10 cent Bingo 3:00 Exercise 4:00 Bridge</p>		<p>Key: Music performances are highlighted in pink Outings are highlighted in yellow</p>	<p>Woldenberg Village, The Villas Independent Living Community Activity Coordinator: Laura Hacke 504-210-8869 Laura.Hacke@lcmhealth.org <u>Calendar is subject to change at any time</u></p>	