



Emergency Preparedness for Individuals with a Brain Injury

MAKE PREPARATIONS

1. Register with local emergency authorities before hurricane season begins
2. Register with your local power company
3. Make prior arrangements with your physician and medical supplier if you require medical devices that operate on electricity
4. Consult your physician about getting an emergency prescription for your medications
5. Arrange evacuation plans with family members and caregivers

EVACUATION

1. Discuss with family, caregivers and support personnel evacuation plans, routes and nearby shelters*
2. Remember to pack
 - a. Personal Health Profile
 - b. List of your medications and administration instructions
 - c. Written instructions regarding your care
 - d. Special equipment: wheelchair, walker, cane
 - e. Identification, insurance, health and Social Security cards
 - f. Nonperishable food including needs for special diets: tube feeding, thickener
 - g. Clothing
 - h. Water
 - i. Bedding
 - j. Batteries: especially for power wheelchairs and hearing aids
 - k. Flashlight
 - l. Style and serial numbers for medical devices

**A caregiver must stay with a special needs family member while in the shelter.*